



College of Intensive Care Medicine of Australia and New Zealand

Work-Based Competency Assessment: Basic and Advanced life support

This assessment is designed to be used as a learning tool and for assessment purposes. Prior to presenting for assessment the trainee should have developed the knowledge, behaviours and skills necessary to perform safe basic and advanced life support. This competency can be assessed by a Fellow of the CICM. **To be deemed competent (passing) the trainee will demonstrate adequate or good knowledge and skills in all performance indicators.**

Trainee		
Assessor		
Date		
Result (please circle)	Passed	To be repeated

Trainee signature:.....

Assessor signature:.....

Professional Elements of Practice	Performance Criteria	Improvement required	Acceptable	Good	Comments
Basic life support	Defines and recognises cardio-respiratory arrest				
	Performs basic life support as per current ARC guidelines				
	Demonstrates effective CPR				
	Demonstrates or describes correct use of an automatic external defibrillator				
Advanced life support	Identifies team members and allocates roles				
	Correctly applies defibrillator pads or monitor				
	Correctly identifies shockable or non-shockable rhythm				
	Manages shockable rhythm as per ARC guidelines				
	Manages non-shockable rhythm as per ARC guidelines				
	Establishes vascular access and describes alternatives				
	Administers drugs appropriately				
	Correctly checks bag / mask / oxygen supply				
	Demonstrates ability to maintain airway and mask ventilation (including use of oropharyngeal airway)				
	Plans actions to minimise interruptions to compressions				
	Demonstrates correct use of a manual defibrillator				
	Seeks and describes management of reversible causes of cardiac arrest				

Professional Elements of Practice	Performance Criteria	Improvement required	Acceptable	Good	Comments
Ongoing care	Re-evaluates adequacy of airway, oxygenation and ventilation				
	Re-evaluates adequacy of cardiac output and arterial pressure				
	Request and interprets 12 lead ECG				
	Describes appropriate post-resuscitation care including indications for therapeutic hypothermia				
	Describe appropriate criteria for ceasing resuscitation				

Feedback: