

Position Details	
Position Number	14826 https://nswjmo.erecruit.com.au/ViewPosition.aspx?Id=14826&jbc=ere
Position Title	Trainee
Centralised Panel Name	
Training Network/Training Rotation	No Training Network / Training Rotation
Local Health District	Mid North Coast Local Health District
Facility	Coffs Harbour Base Hospital
Division	Medicine
Location - Geographical	Coffs Harbour
Reports To	Director of ICU On-shift Intensivists Director of Anaesthetics Director of Clinical Training Anaesthetics Network Director of Clinical Services Network JMO Manager
ANZSCO Code	General Medical Practitioner
Specialty	Intensive Care Medicine
Sub-Specialty	None
Additional Training Focus	Anaesthetics
Unit	ICU with six months Anaesthetics
Award Classification	Resident Medical Officer Registrar
Award Name	Public Hospital Medical Officers (State) Award
Training Network / Training Rotation (which may change from time to time)	

Position Description	
Main Purpose Of Position (Position Summary)	<p>To provide high quality medical care to inpatients as a member of the Intensive Care and the Anaesthetics Department. The ICU is currently accredited by the College of Intensive Care Medicine (CICM) as limited G6 (formerly C6 accreditation) as well as the rural component of CICM training. The Anaesthetics department is ANZCA accredited for one year of training.</p> <p>The one-year position will consist of 6 months intensive care medicine and 6 months anaesthesia.</p>

Position Requirements

- Whilst on rotation to the anaesthetics department, the requirements of the position will be to participate in all clinical and non-clinical departmental activities as directed by the Director of Anaesthetics, Supervisor of Training, Duty Anaesthetist and Supervising Anaesthetists.
- To be responsible for the management of all Anaesthesia care patients under the care of the supervising consultant, together with the perioperative management of these patients. This management should include preadmission management in OT, record keeping, Post Anaesthetic Care, and post-operative pain management.
- Successful completion of the rotation in anaesthetics will be able to contribute to 6 months of the CICM trainee requirement for accredited anaesthetics training.
- Assess, clinically examine and manage patients admitted to the ICU. Conduct twice-daily ward rounds in the ICU under the direction of the Duty Intensivist.
- Participate in, as directed, critical care outreach duties to the hospital, potentially including line placements, clinical reviews and consults, other duties as directed.
- Attend MET calls and Cardiac Arrest Calls when on duty to the hospital inpatients.
- Perform necessary procedures for ICU and Anaesthetic patients within the scope of abilities and training or under the supervision of the Director (ICU), Duty Intensivist, Duty Anaesthetist or Director of Anaesthetics.
- Participation in the non-clinical activities of the ICU and Anaesthetics Departments – including education programmes, QA, audit and data collection (including ANZICS forms), discharge summaries.
- Receive from responsible medical officer and provide responsible medical officer detailed handover of patients at the commencement and end of each shift.
- Work within a multidisciplinary team, including liaison with referring medical practitioners and/or the patient's general practitioner.
- Liaise with Pathology and Medical Imaging Services to obtain a timely service.
- Participate in regular team meetings.
- Make arrangements, including documentation, for transfer of patients to referral and tertiary institutions for higher level of care.
- Maintain appropriate medical records as required in the critical care setting, including electronic, to ensure effective communication, facilitate service planning and meet legal requirements.
- Ensure that the Director of Clinical Services is provided with timely and accurate information regarding any issues or incidents that are likely to have a negative impact on the clinical care of patients or the functioning of the ICU and Anaesthetics Department.
- Facilitate the maintenance of a positive and harmonious environment in each department by ensuring issues relating to clinical care are resolved as a positive learning experience.
- Participate in continuing education programs, including external Professional Development Programs with particular emphasis on the management of critically ill patients.
- Assist in the education of nursing, medical and allied health students.
- Input data, prepare and participate in audit and quality assurance activities, including morbidity and mortality reviews.
- Comply with all legislative requirements under the Work Health & Safety, Privacy and Anti-Discrimination Acts and conduct all activities in a professional manner.
- Perform all other duties not inconsistent with the Award, Agreement or Terms of Employment as may be directed from time to time.
- Undertake a formal performance appraisal annually.

Local Background and Environment

Located half way between Sydney and Brisbane on the Mid North Coast of NSW, is the friendly beachside city of Coffs Harbour. Surrounded by National Parks and facing the Solitary Islands Marine Park, the natural environment and uncrowded beaches are complemented by exciting activities and attractions, excellent shopping, fantastic accommodation and award-winning cafes and restaurants. Coffs Harbour sits in a unique position where the Great Dividing Range meets the Australian east coast. With a subtropical climate, Coffs Harbour has been voted 'the most livable climate in Australia'. Coffs Harbour is a modern city with a small-town atmosphere and the hub from which to explore Coffs Coast's enormous selection of things to see and do.

The area supports commercial and recreational fishing, diving, whale and dolphin watching, research, boating, surfing and beach activities. Secluded beaches and rocky headlands, bushwalking, bike riding and four-wheel driving on the beach or

forest tracks are all popular activities.

There are regular passenger flights each day to Sydney, Brisbane, and Melbourne departing from Coffs Harbour Airport. Coffs Harbour is also accessible by road, by NSW TrainLink trains, and by regular bus services.

The Coffs Harbour Health Campus facility is an acute regional hospital with a 280 bed capacity. The campus offers a wide range of services in general medicine, emergency medicine, surgery, orthopaedics, obstetrics, paediatrics, rehabilitation and intensive care. Other specialist services available include the acute stroke unit, coronary angiography unit, renal unit, mental health unit and oncology and radiotherapy services within the North Coast Cancer Institute.

On-site there are specialists in the following disciplines: General Medicine, Cardiology, Paediatrics, General Surgery, Plastic Surgery, Vascular Surgery, Orthopaedics, Anaesthetics, ENT, O&G, Urology, Ophthalmology, Rheumatology, Rehabilitation, Palliative Care, Emergency Medicine, Intensive Care, Psychiatry, Pathology, Medical Oncology, Radiation Oncology, Haematology, Renal Medicine. Also there are visiting specialists in Neurosurgery, Endocrine Surgery and Paediatric Surgery.

The Emergency Department (ED) supplied emergency services to the immediate Coffs Harbour area and is a referral centre for the district hospitals in the region – it is the largest trauma centre outside Brisbane and Sydney – seeing more than 36000 patients per year. The Emergency Department participates in the area Critical Care network supplying a road-based retrieval service to the three district hospitals – Bellingen, Dorrigo and Macksville that are also located within the Local Health District.

Coffs Harbour Health Campus is located within the Mid North Coast Local Health District which is one of 18 Local Health Districts and caters to the following demographic points:

- A population growth rate which is faster than the NSW average.
- A higher proportion of people who are 65 and above – 18% compared to the NSW average of (13%).
- 5% of the local population identify as Aboriginal compared to the NSW average of 1.9%.
- Lower than the NSW average on most socio-economic measures.

In addition, Coffs Harbour Health Campus boasts a state of the art iSim Centre – Inter-professional Simulation Centre – which has a multi-purpose configurable clinical environment that can be transitioned into any hospital clinical environment eg Ward, Resus, Operating Theatre etc.

<p>Key Internal and External Relationships</p>	<p>Internal: Director of ICU, Director of Anaesthetics, Supervisor-of-training, Duty Intensivist, Clinical NUMs, nursing staff External: inpatient specialty teams, GPs, allied health, medical imaging, patients, patients' families, Specialist Medical Officers at Referral and Tertiary Facilities.</p>
<p>Supervision Arrangements</p>	<p>Director of ICU, Supervisor-of-training, other Staff Specialists/VMOs in ICU, Director of Clinical Services. Available in person for both consultation and face to face meetings as well as telephone contact. Face to face contact on a daily basis with senior staff and supervisor. Telephone contact with senior staff after hours.</p>
<p>Challenges/Problem Solving</p>	<ul style="list-style-type: none"> • Managing assessment and care of inpatients • Responding to emergencies and critically ill patients. • Balancing training and education requirements with service provision, within the limitations of a busy public health service. • Maintaining a professional role and responsibility for patient care, in close liaison with supervising consultants. • Working collaboratively with other staff in a multi-disciplinary team. • Maximising the efficient utilisation of health service resources. • Being flexible in adapting to work requirements. • Taking responsibility for the supervision and teaching of junior medical officers attached to the team.
<p>Decision Making</p>	<ul style="list-style-type: none"> • Decisions regarding assessment, management and care of patients • Decisions regarding management of workload. • The doctor will make clinical decisions in consultation with VMOs and Staff

	<p>Specialists as required. Close and effective liaison with consultants will allow the doctor to demonstrate their level of ability and understanding of patient care and enable them to expand their areas of responsibility.</p> <ul style="list-style-type: none"> • All patients managed within the hospitals of the health service are under the direct care of a specialist medical practitioner. All decisions regarding their care are to be clearly communicated with the specialist responsible for that care. 							
Communication	<ul style="list-style-type: none"> • Ability to deal with matters of an urgent or sensitive nature. • Ability to exercise discretion, exhibit sensitivity and maintain confidentiality. • Ability to ensure excellent communication within the multidisciplinary team for all clinical matters. • Ability to maintain medical records documentation to a high standard including paper and electronic systems. • Capacity to communicate with patients and carers on clinical management and care planning. 							
Performance Monitoring	<p>Will include CICM in-training assessments for registered trainees. Consensus-based feedback from the ICU Supervisors/Specialist group and the Director of ICU and Director of Clinical Services for all CMOs. This data is captured on a formal assessment/appraisal. Applicants are also encouraged and required to use the same form to self-reflect prior to the formal feedback meeting. Direct observation. Participation in handover process. Participation in training. Case reviews. Medical record review. Involvement in clinical audit activity.</p>							
Additional Information								
College	College of Intensive Care Medicine of Australia and New Zealand							
Orientation	Coffs Harbour Base Hospital							
Orientation Date	06/02/2017							
Orientation Venue	Coffs Harbour Health Campus							
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Contact Details	
Contact Name	Dr John Neal
Phone Number	0266567560
Email	

Job Demands Checklist

Job Demands

Frequency Definitions

The following details are displayed for information purposes:

- **Infrequent** - intermittent activity exists for a short time on a very infrequent basis
- **Occasional** - Activity exists up to 1/3 of the time when performing the task
- **Frequent** - Activity exists between 1/3 and 2/3 of the time when performing the task
- **Constant** - Activity exists more than 2/3 of the time when performing the task
- **Repetitive** - Activity involves repetitive movements
- **Not Applicable** - activity is not required to perform the job

Physical Demands

Sitting - remaining in a seated position to perform tasks.	Frequent
Standing - remaining standing without moving about to perform tasks.	Frequent
Walking - Floor type: even / uneven / slippery, indoors / outdoors, slopes.	Frequent
Running - Floor type: even / uneven / slippery, indoors / outdoors, slopes.	Infrequent
Bend/Lean Forward from Waist - Forward bending from the waist to perform tasks.	Frequent
Trunk Twisting - Turning from the waist while sitting or standing to perform tasks.	Frequent
Kneeling - Remaining in a kneeling posture to perform tasks.	Infrequent
Squatting / Crouching - Adopting a squatting or crouching posture to perform tasks.	Frequent
Leg / Foot Movement - Tasks involve use of the leg and or foot to operate machinery.	Occasional
Climbing (stairs/ladders) - Ascend / descend stairs, ladders, and steps.	Frequent
Lifting / Carrying - Light lifting & carrying: 0 - 9 kg.	Frequent
Lifting / Carrying - Moderate lifting & carrying: 10 - 15 kg.	Infrequent
Lifting / Carrying - Heavy lifting & carrying: 16kg & above.	Infrequent
Reaching - Arms fully extended forward or raised above shoulder.	Infrequent
Pushing / Pulling / Restraining - Using force to hold / restrain or move objects toward or away from the body.	Occasional
Head / Neck Postures - Holding head in a position other than neutral (facing forward).	Occasional
Hand/Arm Movement - Repetitive movements of hands and arms.	Occasional
Grasping / Fine Manipulation - Gripping, holding, clasping with fingers or hands.	Frequent
Work At Heights - Using ladders, footstools, scaffolding, or other objects to perform work.	Not Applicable
Driving - Tasks involve operating any motor powered vehicle.	Occasional

Sensory Demands

Sight - Use of sight is an integral part of work performance e.g. Viewing of X-Rays, computer screens.	Frequent
Hearing - Use of hearing is an integral part of work performance e.g. Telephone enquiries.	Frequent

Smell - Use of smell is an integral part of work performance e.g. Working with chemicals.	Occasional
Taste - Use of taste is an integral part of work performance e.g. Food preparation.	Not Applicable
Touch - Use of touch is an integral part of work performance.	Constant

Psychosocial Demands

Distressed People - E.g. Emergency or grief situations.	Frequent
Aggressive & Uncooperative People - E.g. drug / alcohol, dementia, mental illness.	Frequent
Unpredictable People - E.g. Dementia, mental illness, head injuries.	Frequent
Restraining - Involvement in physical containment of patients / clients.	Occasional
Exposure to Distressing Situations - E.g. Child abuse, viewing dead / mutilated bodies.	Frequent

Environmental Demands

Dust - Exposure to atmospheric dust.	Not Applicable
Gases - Working with explosive or flammable gases requiring precautionary measures.	Frequent
Fumes - Exposure to noxious or toxic fumes.	Infrequent
Liquids - Tasks involve working with liquids which may cause skin irritations if contact is made with skin - e.g. dermatitis.	Infrequent
Hazardous Substances - E.g. Dry chemicals, glues.	Not Applicable
Noise - Environmental / background noise necessitates people raise their voice to be heard.	Infrequent
Inadequate Lighting - Risk of trips, falls or eyestrain.	Infrequent
Sunlight - Risk of sunburn exists from spending more than 10 minutes per day in sunlight.	Not Applicable
Extreme Temperatures - Environmental temperatures are less than 15C or more than 35C.	Infrequent
Confined Spaces - areas where only one egress (escape route) exists.	Not Applicable
Slippery or Uneven Surfaces - Tasks involve working on slippery or uneven surfaces.	Not Applicable
Inadequate Housekeeping - Obstructions to walkways and work areas cause trips and falls.	Occasional
Working At Heights - Ladders / stepladders / scaffolding are required to perform tasks.	Not Applicable
Biological Hazards - E.g. exposure to body fluids, bacteria, infectious diseases.	Frequent

Please write a statement summarising significant physical/other demands required to perform this job, e.g. the job will involve frequent hand/arm movements and prolonged sitting.

PRIMARY SUPERVISOR

Name: _____

Signature: _____ Date: ___/___/___

POSITION HOLDER

Name: _____

Signature: _____ Date: ___/___/___